

# Application and Sober Housing Agreement



Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Sober Date: \_\_\_\_\_

S.S.N. \_\_\_\_\_ Phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Referred By: \_\_\_\_\_ Outpatient Program \_\_\_\_\_

Present Address: \_\_\_\_\_

Employer: \_\_\_\_\_ How Long? \_\_\_\_\_

Sponsor: \_\_\_\_\_ Phone: \_\_\_\_\_

Home Meeting: (location/day/time) \_\_\_\_\_

Prescribed Medication(s): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Plan: \_\_\_\_\_

Legal Info (probation/parole or pending): \_\_\_\_\_

Have you been convicted of a sexual offense: Yes / No (Level 1 / 2 / 3)

If application is accepted, I assume the obligations of residency and agree to the following conditions:

1. Any use of alcohol or drugs will result in immediately being asked to leave and loss of sober deposit.
2. Any destruction of property will result in prosecution and immediately being asked to leave.
3. Failure to follow house rules and expectations may result in being asked to leave.
4. Program fee is due the 1<sup>st</sup> of each month; failure to pay Program fee by the 5<sup>th</sup> of the month will result in a \$35 late fee and may result in immediately being asked to leave.
5. A sober /damage deposit will be required before residency begins.
6. Sober/damage deposit will be returned within 30 days of vacancy if entitled. If your deposit is paid by a deposit assistance program, you will not be entitled to any deposit refund.
7. At least a 30-day notice is required from house member to end Housing Agreement (as long as you have completed or will have completed the 4-month commitment)
8. Any false information can result in immediately being asked to leave.

By signing below, I am giving a release to speak with my probation officer and/or emergency contact

Initials: \_\_\_\_\_

If I drink/use or leave before my 4-month commitment is up or am asked to leave for not following house rules and expectations, I will lose my deposit and program fee for that month. No Refunds. Initials: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Approved: \_\_\_\_\_ Date: \_\_\_\_\_

Program Fee: \$700/month    House Fund \$0/month    Damage Deposit: \$150

## House Expectations



### Sobriety

- You are expected to maintain a healthy and sober lifestyle
- Attend 2 12-step meetings a week
- Regularly communicate with your sponsor
- If you do not currently have a sponsor, the expectation is to have one in 60 days

### Personal

- Personal living area is neat – beds made, floors picked up, at a minimum
- Clean up after yourself in common areas
- Excessive profanity is not allowed
- House jobs will be completed daily
- Smoking (including e-cigarettes) is not allowed in any area of the house. Smoking is only allowed in the rear of the house. Initials \_\_\_\_\_

### Time

- Curfew is 11pm Monday/Tuesday/Wednesday/Thursday and 12am Friday/Saturday
- Each house member is expected to spend 30 hours total: working, looking for work, doing service work, going to school, or attending outpatient treatment
- Retired and Disabled expectation is 15 hours/week

### House Meeting

- Each house member is expected to participate in the weekly house meeting to discuss:
  - Your week
  - Any issues you may have with other house members
  - Conditions of the house

### Overnight Away from the House

- Approved 24 hours in advance by House Manager
- Request includes where and when you will return
- Overnight pass allowed after 30 days and weekend passes allowed after 60 days.

### Guests

- Overnight guests not permitted
- Guests permitted in common areas only Initials \_\_\_\_\_

### Car

- You must have a Driver's License
- Your car must have current tabs and proof of insurance and be in working order
- One per house member
- Parking on neighbor's property or blocking their driveway is not allowed by house members or guests

### Food:

- Each house member is expected to properly mark personal food items and dispose of them properly

### Storage:

- Bring only what you need and fits in your dresser/closet/under bed
- Excessive items will be decided by House Manager
- If you need to store a box or 2, storage starts at \$30/month

**You can't bring in anything with alcohol or drugs in it. The rights of all house members to a safe, clean, sober and peaceful environment to support recovery will be maintained. Failure to meet house expectations will result in a house member being asked to leave within 30 days. Initials\_\_\_\_\_**

# Learning to Live Drug and Alcohol Free



All House Members are expected to maintain a sober lifestyle.

What does that?

To live in **this** sober house means you want help with your sobriety, and you are willing to give help for others' sobriety. To do that you need to spend time during the week getting to know the people you live with and letting them get to know you. So to do that you can't spend all the time you are in the house in your room.

Or

Leaving the minute, you wake up and returning 2 minutes before curfew.

Or

Returning and going straight to your room.

That is not taking part in a sober house.

Also, how are you helping others stay sober if they can't get to know you?

Furthermore, if you can learn this here, you can use it to make connections at meetings and anywhere else in the community. **If we take the time here to learn to talk to each other about ourselves; to learn ways to constructively communicate concerns about other's behavior; we have a great opportunity to build a solid foundation for our lives.**

Living in a sober house means you want to be held accountable to live a sober lifestyle (keeping your room clean/cleaning up after yourself in the rest of the house – according to House Manager)

To be sober, it is more than not using or drinking, it is a change in lifestyle; you treat yourself better and the people around you. Being honest and respecting of yourself and others is all part of the changing process.

**Get a sponsor, work the steps, and then help others.**

1. If I drink or use drugs, I will lose my sober deposit and that month's program fee will not be returned. Initials \_\_\_\_\_
2. If I do not complete my 4-month commitment I will lose my sober deposit. Initials \_\_\_\_\_
3. If I do not give a 30-day notice that I am leaving after my 4-month commitment I will lose my sober deposit. Initials \_\_\_\_\_
4. Any violence or threat of violence will result in immediate termination and loss of sober deposit. Initials \_\_\_\_\_

Signature: \_\_\_\_\_

Print your name: \_\_\_\_\_

Date: \_\_\_\_\_